# Whistler Mountain Ski Club Developing Champions in Life and in Sport WMSC COVID-19 – Safety Plan



Whistler Mountain Ski Club has adopted this Safety Plan, following guidelines set out by BC Alpine in accordance with the viaSport Return to Sport Guidelines for BC.

WMSC has appointed the Club's Office Manager Blanca de la Rosa as the Club's primary point of contact regarding our COVID-19 Safety Plan. Please direct questions or communications regarding this Plan, including reports of cases of COVID-19 among Participants in our activities, to Blanca.

Club facilities have been thoroughly cleaned and new cleaning regimes have been put in place to maintain a high level of sanitization. There is signage explaining sanitation procedures, as well as changes to maximum occupancies, and we require that all Participants read and abide by the new rules. Anyone entering the WMSC Club cabin or any WMSC facilities with birth year 2009 and earlier must be vaccinated with two does of a BC and Canada approved vaccines and must be able to show proof of vaccination.

To ensure safe operations, we will not allow participation indoors by:

- persons who are not Club Members, Staff, Athletes or TaG members that are not double vaccinated
- persons who are under quarantine or who have symptoms of respiratory infection such as fever, sore throat, runny nose, cough, or general disorders, persons who are immunocompromised or persons who are believed to be at-risk for COVID-19; or
- persons who do not strictly follow the instructions provided in this Safety Plan or the instructions of staff.

Every Club activity will have a designated responsible **Organizer** who will record a list of Participants and transmit this to the Office Manager. We ask that any Participants monitor potential symptoms and use the COVID-19 self-assessment tool found at https://bc.thrive.health/

When an activity is being held at a outside venue all Participants must follow that venue's protocols (e.g. <a href="https://www.whistlerBlackcomb"><u>WhistlerBlackcomb</u></a> | <u>Winter Experience</u> ).

Participants must **call 811** for personal medical advice if they are experiencing symptoms of COVID-19 and they must immediately let the Organizer know and isolate themselves. We will make decisions to cancel, postpone or modify any activity if one or more cases of potential infection are reported. Any person/s showing symptoms must self-isolate as per BCCDC and PHO guidelines.

## ALL ATHLETES, COACHES, MEMBERS, VOLUNTEERS, PARTICIPANTS, AND FAMILY MEMBERS OF PARTICIPANTS HAVE ACKNOWLEDGED AND AGREED AT REGISTRTION TO THE FOLLOWING:

- 1. I agree to daily symptom screening checks and will let club coaches know if I have any symptoms in the last 10 days.
- 2. I agree to stay home if feeling sick and remain home for 10 days if experiencing COVID-19 Symptoms or if I am a close contact. I agree to follow the Federal testing requirements if I travelled outside of Canada. I agree that if I test positive for COVID-19 I will self isolate as per the public health office guidelines for vaccinated and Unvaccinated individuals.
- 3. I agree to sanitize my hands upon entering and exiting any training facilities, with soap or hand sanitizer.
- 4. I agree to sanitize the equipment and facilities I used during my activity with the approved cleaning products provided by the Club (shared and personal equipment).

- 5. I agree to physically distance where possible
- 7. I agree to abide by this WMSC COVID-19 Policy.
- 8. I understand that if I do not abide by this WMSC COVID-19 Policy, I may be asked to leave the Club for up to 14 days to help protect myself and others around me.
- 9. I acknowledge that continued violation of this WMSC COVID-19 Policy may result in the suspension of participation in Club activities.
- 10. I acknowledge that there are risks associated with entering WMSC facilities and/or participating in Club activities, and that the measures taken by the Club and participants, including those set out above and under this WMSC COVID-19 Policy, will not entirely eliminate those risks.

ALL MEMBERS MUST REGISTER ONLINE FOR THE 2021-2022 SEASON PRIOR TO THEIR ATHLETE PARTICIPATING IN ACTVITIES, WHICH INCLUDES SIGNING THE CLUB'S WAIVER FORM. ATHLETES WILL NOT BE PERMITTED TO PARTICIPATE IN ACTIVITIES UNTIL THEY HAVE DELIVERED TO THEIR COACH THEIR SIGNED AND PARENT COSIGNED TEAMSHIP VALUES AND ATHLETE CODE OF CONDUCT.

#### **On-Snow Training Protocols**

• These procedures apply to WMSC members, athletes, staff and partners during the COVID-19 Pandemic. All other existing WMSC policies and procedures are still in effect.

#### **Vaccination requirements**

- All Staff must have received two doses of a Canadian approved COVID 19 vaccine. The one-shot Johnson and Johnson is also accepted.
- Unvaccinated athletes may participate in outdoor programs but must be vaccinate with two doses for indoor activities and team travel
- You must be vaccinated with two doses to enter any WMSC facilities.
- Follow up the vaccine requirements from host venues. Particularly with dining.

#### **Face Coverings**

• Face coverings (covering mouth and nose) will be required to access the WB facilities and must always be worn in gondolas or as required by venues policies.

#### Registration and Off-snow/ Indoor Activities

- Face coverings (covering mouth and nose) will be required to access any of the WMSC facilities
- Capacities will be reduced in GYM and Studio to 6 participants plus 1-2 Coaches.
- Registration through Active Racer Account will be required to participate in dryland sessions for U16 athletes. FIS Athletes will still be managed directly by their coaches. No sessions will be planned for U12 and U14 in WMSC facilities at this time.
- 1st floor bathroom will have a maximum of 1 person at a time.
- Staff and Athletes will maintain 6 ft physical distancing

Athletes, Members and Staff should stay informed and keep up to date with the changing guidelines of <u>Health LinkBC</u> and <u>BC Centre for Disease Control</u> for all on and off snow training activities.

### **Safety and Health**

- **Self Screening** Stay home if you ae feeling unwell.
- **Signage**: Indicating room capacity, wash hands and COVID protocols
- Cleaning & Disinfecting We will provide hand sanitizer, washing stations and equipment disinfectant
- Attire and gear: Athletes must arrive in workout clothes and bring their own filled water bottles

UNTIL FURTHER NOTICE THE CLUB CABIN IS OPEN FOR FITNESS PROGRAMS ONLY, IN THE GYM AND STUDIO.